

Mac & Cheese Chicken

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Cooking time:

6 minutes

Yield:	cups	16	12	9	4
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Macaroni *	cups	2	1 1/2	1	1/2
Water	inches over	2	2	2	2

Add to bowl & Cover with water by 2 inches

Microway for 3 minutes

Drain, Leave in bowl

Chicken Breasts	can	cups	4	3	2	1
Beans, green, frozen		cups	3	1 1/2	1	1/2
Vegetables, frozen	diced	cups	4	3	2	1
Cheese, Jack *	shred	cups	4	3	2	1
Onion	chop	cups	3	1 1/2	1	1/2

Add to bowl & Mix

Microwave until heated - about 3 minutes

Serve &/or Add to container(s) & Frig for days or Freezer for months

* NOTE: Can use Kraft Macaroni Cheese Dinner

One box makes 4 cups